

SPA DAY MENU

All of our packages include use of spa facilities from 10am - 5pm, robe & towel and unlimited hot drinks in our spa lounge

Spa Package

Simply Escape	Includes:	Treatment Options:	Price:
Disconnect from reality & ease your mind from everyday stresses	25 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> • Taster Facial • Back, Neck & Shoulder Massage • Shoulder, Neck & Head Massage • JESSICA Mini Manicure • JESSICA Mini Pedicure 	£80.00
Healing with The Seasons	Includes:	Treatment Options:	Price:
Seasonally selected to ensure optimum relaxation for your mind and care for your body	55 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> • Rejuvenate & Radiate - Brightening Cocoa Facial Warming and Antioxidizing Facial, Includes Hand, Arm, Neck Shoulder & Scalp Massage • Soften & Nourish - Pear & Fig Scrub Full Body Scrub and Nourishing Lotion Treatment • Unwind & Hydrate – Nourishing Massage & Facial Back, Neck & Shoulder Massage and Facial 	£105.00
Peaceful Pregnancy	Includes:	Treatment:	Price:
Gentle and nurturing, designed specifically for expecting mums Please Note: We can only perform treatments on those over 12 weeks	75 minute treatment & Non-Alc Fizz & 2 course lunch	<ul style="list-style-type: none"> • ELEMIS Nourishing prenatal body massage and deep cleansing facial 	£130.00
Soul Retreat	Includes:	Treatment:	Price:
Decompress, recondition and relax your body, mind and soul	85 minute treatment & Prosecco & 2 course lunch	<ul style="list-style-type: none"> • ELEMIS Entirely bespoke body massage & facial 	£150.00
Precious Moments (8-16 Years)	Includes:	Treatment:	Price:
A mini escape and a sense of relaxation Please Note: Must be accompanied by an adult	25 minute treatment & Soft drink & 2 course lunch	<ul style="list-style-type: none"> • Made For Life Facial • JESSICA Mini Manicure • JESSICA Mini Pedicure 	£70.00
Refresh & Reset	Includes:	Treatment:	Price:
Melt away tensions in our spa facilities & refuel with a delicious meal	Prosecco & 2 course lunch	No Treatment – (Facility Use & Lunch Only)	£50.00

BUDOCK VEAN

NATURAL HEALTH SPA