



ucked away on the Helford River our beautiful Country House Hotel is a wonderful place to celebrate Christmas and New Year. The building and grounds sparkle in their Christmas gear with some 15 trees and twinkles aplenty.



We're pulling out all the stops to create a magical, relaxing, fun and memorable break for everyone. Our favourite live musicians are booked in, our golf competitions will be in full swing and there will be plenty of opportunities for time outside whether you're in the hot tub, walking the sub-tropical gardens or hitting the South West Coast Path. We hope that our blend of old traditions with new ideas ensures that everyone can find something to enjoy and remember.



**Clothes for dinner**... make a real meal of your dinners in our restaurant, it is Christmas after all and a perfect excuse to get all dressed up. Go all out on New Year's Eve because it's a black tie dinner.



Your favourite Christmas jumper, you know you want to really

Your favourite book to curl up with

Swimming gear, don't worry about a robe and towel, we'll provide those



Running kit, we can point you in the right direction, (although you can't avoid a hill)

Yoga mat, find a spot in our grounds and enjoy a peaceful session

Walking shoes & outdoor clothes, there's nothing better than a walk in the fresh Cornish air

Winter tennis kit

Golf kit #



## REE DAY IDEAS

There is so much to see and do in and around Budock Vean. Here are a few ideas to whet your appetite.

**Local Visits**: **Trebah Garden** is a short walk from the hotel as is the **Ferry Boat Inn**, the river side pub. The family friendly **Seal Sanctuary** is around the corner in the village of Gweek and the **National Maritime Museum Cornwall** and **English Heritage's Pendennis Castle** are both in the harbour town of Falmouth, about a 15 minute drive.

A little further afield **National Trust** properties **Trelissick** and **St Michael's Mount** make for a lovely visit; perhaps take a trip to the dramatic north coast to watch the surfers or down to **The Lizard** and the southern most tip of England. If you need any tips please do ask

**Local Walks:** We're spoilt for walks around the Helford, you'll have no trouble getting in your 10,000 steps and the views are incredible.

**Activities on site:** Enjoy free access to the swimming pool, golf course, tennis courts, snooker room and hot tub. Our Christmas bar lunches menu will be available every day if you need an energy boost, menu and prices available in the hotel.

**Getting active:** there are plenty of running routes (all hilly!) close by, we can point you in the right direction and we have a personal trainer on speed dial if anyone really wants putting through their paces!

Now, of course, all this programme is subject to change should weather or other aspects are not on our side. External visits and activities may incur an extra charge. Please make bookings for meals, spa treatments and additional golf. All activities, including the Christmas jumper competition, are undertaken at your own risk.———



elcome - unpack and settle into your Christmas home from home.

Your room should be ready from 4.30pm.



--- 10.30am ----

Limited Club Stableford Golf Competition (9 Holes), tee off times available all day. Collect score cards from Golf Shop.



--- I 2.30pm to 2pm ------

**Grab a seat for lunch** which is served in our bar, lounges, conservatory or golf bar.

--- From 7pm ----

Dinner in the Helford Restaurant



## 

The Texas scramble golf competition starts at 10.30am or enjoy all the hotel has to offer or take a trip out and about.



-----12.30pm to 2pm -----

Our daily lunch specials will be dotted around the bar, conservatory and golf area for anyone looking for lunch to tide them over.



--- 6.30pm

Take a seat and let the **Christmassy sounds** of our live brass band wrap around you before dinner. **We'll have a glass of Champagne ready for you**, just take a seat and we'll make sure it finds you.



---- From 7pm -----

Christmas Eve dinner is a beautiful event with some live carols sung by The Trengilly Singers.





on your best Christmas jumper at breakfast to see if you can bag the 2024 BV-Christmas-Jumper-of-the-Year prize. Don't hold back – we like lighting, sound effects – anything goes!



-- 10.30am ----

Golfers join us for the Four-Ball-Better-Ball golf competition.



Head Chef Christian and his team have made a showstopping Christmas cake for this year but can you guess its weight? Have a go and see if you can win!



..... 12.30pm to 2pm .....

**Feeling peckish**? Our bar lunches will be served in the main bar or in the golf bar.



..... 3.30pm .....

Gather your team for the Christmas Day quiz.



-From 7pm -----

Get ready for a wonderful **traditional Christmas dinner** with your group in our restaurant with live music from our Jazz Trio.



10.30 am

Golfers get ready for the Christmas Stableford golf comp



..... 12.30 - 2pm .....

Don't get an afternoon energy dip. Lunches will be available in the bar



Enjoy Boxing Day dinner and entertainment from Cornish Ceilidh band
The Brim – bring your dancing shoes!



How are you fairing on the golf competitions? Today is the **Yellow-ball golf**competition starting shortly after breakfast. Good luck!

......12.30 - 2pm

**Soup or sandwich** to tide you over? Lunches will be served in our lounges and bars. Prices and menus via the bar.

Head down to a well-earned **dinner**.



**Sit back, relax** or get out and **explore** some of Cornwall's beautiful attractions or the stunning coast path.

12.30 - 2pm

Lunches available in the bar to keep hunger at bay!

From 7pm

Enjoy dinner in the restaurant.

